

Menu



Eggs on Toast €8 V

Sourdough, Eggs any way (scrambled, poached or Fried), greens, 3fe Hot Sauce & spicy seed granola. (1a, 3, 7, 8a, 11)

Add on: Avocado €3

Whole Hogg's Sausage (1a,10,12) €3

Avocado Toast €13

Sourdough, 3fe hummus, sliced avocado, poached eggs, greens, pickled red onions and spicy seed granola. (1a, 3, 8a, 11)

Add on: Whole Hogg's Bacon €3

Chargrilled Broccoli & Smoked Almonds (8a) €4

3fe Granola & Yoghurt €8

Our house-made granola includes oats, almonds, coconut, pumpkin and sunflower seeds with hints of ginger and cardamom served with greek yoghurt, apricot purée & caramelised apricot. (1b,7,8a)

Chorizo & Romesco Hash €13

Rosemary Potatoes, chorizo, courgette, spinach with poached eggs and romesco sauce. (3, 8)

Add on: Avocado €3, Whole Hogg's Bacon €3

Squash & Feta Salad €8 V

Pesto Barley with roast squash and feta, spinach, rocket, pomegranate seeds, orange segments in a honey & lemon dressing topped with crispy kale and toasted pumpkin seeds (1c, 7, 8d)

Breakfast Bap €9

Brioche bap, Whole Hogg's smashed black pudding, sausage with fried eggs & 3fe Brown Sauce. (1a, 1c, 3, 7, 12)

Add on: Avocado €3, Whole Hogg's Bacon €3

Fig & Blackberry Porridge €8 V

Oat porridge with figs, blackberries, yoghurt and blackberry purée (1b, 7)

Fried Chicken Bap €9

Fried Chicken, Dressed Slaw, 3fe Hot Sauce Mayo and pickled cucumber on a Brioche Bap with side salad. (1a, 1b, 3, 4, 7, 10, 12)

Add On: Fries (3,9,10) or Small Soup €4

Chargrilled Broccoli & Smoked Almonds (8a) €4

Pancakes €8 V

Pancakes, orchard syrup, honey butter. (1a, 3, 7,12)

Add on: Seasonal Fruit €2

Fried Chicken with 3fe Hot Sauce (1a, 1b, 7) €4

Whole Hogg's Sausage (1a,10,12) €3

Soup €8 V

Our allergen free soups change daily. Please ask one of the team for todays. Served with Roths Sourdough (1a)

Sandwich & Fries or Small Soup: €12.50

Honey Roast Baked Ham Sandwich with Smoked Applewood Cheese, Dressed Slaw and Tomato Relish on White Sourdough (1a, 10, 11, 12)

Peppered Beef Pastrami Sandwich with Wholegrain Mustard, Pickled Red Onion and Rocket Salad with butter on Granary (1a, 7, 10, 11, 12)

Grilled Vegetable on White Sourdough with Provencal Vegetables, Mixed Leaf, Goats Cheese Mousse & Pesto (1a, 7, 8d, 10, 11, 12)

Turkey Club Sandwich on White Sourdough with Bacon, Tomato, Baby gem & Truffle mayo (1a, 3, 10, 12)

Add Ons

3fe hummus with sourdough (1a,11) €3

Avocado €3

Whole Hogg's sausages (1a,10,12) €3

Whole Hogg's bacon €3

Whole Hogg's black pudding (1c,12) €3

Chorizo €3

Fried Chicken with 3fe hot sauce (1a, 1b, 7) €4

Fries and Mayo V (3, 9, 10) €4

Chargrilled Broccoli and Smoked Almonds (8a) €4

Side Salad €3

Fried/Poached/Scrambled Eggs (3) €3

Pancake (1a, 3, 7, 12) €3

Small Soup €4

Counter Bites

Plain Croissant (1a,3,7,*) €3

Pain au Chocolat (1a,3,7,*) €3.50

Almond Croissant (1a,3,7,8a) €4

Danish (1a,3,7,8a,8c,*) €4.50

Cinnamon Roll (1a,3,7,8c,*) €3.50

Morning Bun (1a,3,7,*) €3.50

Flapjack (1b,7,8a,8b,11) €3

Mince Pie (1a,3,7,*) €3

Brownie (1a,3,6,7,*) €3

Vegan Bounti (6) €3

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Lwr Grand Canal St/Pearse St/Harolds X/Sussex Terrace/Ranelagh Mayor Square

Allergens: 1.Gluten-(a) Wheat (b) Oats (c) Barley 2.Crustaceans 3.Eggs 4.Fish 5.Peanuts 6.Soybeans 7.Milk 8.Nuts-(a)Almond (b)Pecan (c) Pistachio (d) Pine 9.Celery 10.Mustard 11.Sesame Seeds 12.Sulphur 13.Lupin 14.Molluscs. * Produced in a kitchen that handles gluten, dairy, tree nuts, wheat, sesame, eggs, soya and other supplies.