

Menu

Eggs on Toast 8 V

Sourdough with eggs any style, 3fe hot sauce, spicy seed granola & a side salad. (1a, 1b, 3, 7, 8a, 11)

Add-ons: Avocado 3
Whole Hogg's Sausage 4
(1a, 10, 12)

Avocado Toast 13 V

Poached eggs, hummus, sliced avocado, pickled red onions, spicy seed granola, salsa roja on sourdough. (1a, 1b, 3, 8a, 11)

Add-ons: Bacon 3
Chargrilled Broccoli & Smoked Almonds 4 (5, 8a)

Granola & Yoghurt 9 V

3fe Granola, yoghurt, bananas, raspberries topped with a sour cherry jam (1b, 7, 8a)

Porridge 8 V

Chai-spiced porridge with apple butter and poached pear, topped with granola and honey. (1b, 7, 8a)

Ancho & Chipotle Beans 11 V

Ancho chilli and chipotle beans with poached eggs, sourdough topped with ajillo. (1a, 3, 10)

Add on: Bacon 3

Dirty Gertie 18

Poached or fried eggs, bacon, sausages, black pudding, tomato with ajillo, ancho & chipotle beans served with sourdough.

Little Gertie 12
(1a, 1b, 1c, 3, 10, 12)

Egg Mayo Salad 9 V

Egg mayo salad with water cress & red endives, balsamic dressing topped with spicy granola. (1b, 3, 8a, 11, 12)

Add-ons: Toast 3 (1a, 7) V
Bacon 3

Sandwiches 9

Ham & Cheese

Ham, mature cheddar, butter, served in sourdough.
(1a, 7, 10, 12)

Chicken Club

Chicken, bacon, vine tomato, baby gem & mayo, served in sourdough.
(1a, 3, 10, 12)

Cheese Toastie V

3 cheese mix, tomato, onion, relish & butter served in sourdough.
(1a, 7, 12)

Add on: Side Salad 3
Fries & Mayo 4 (3)

Allergens: 1.Gluten (a)Wheat (b)Oats (c)Barley 2.Crustaceans 3.Eggs 4.Fish 5.Peanuts 6.Soybeans 7.Milk 8.Nuts (a)Almond (b) Pecan (c) Pistachio (d) Pine (e) Walnut (f) Cashew 9.Celery 10.Mustard 11.Sesame Seeds 12.Sulphur 13.Lupin 14.Molluscs.* Produced in a kitchen that handles gluten, dairy, tree nuts, wheat, sesame, eggs, soya

Add ons

Avocado 3 V
Chargrilled Broccoli & Smoked Almonds 4 (5, 8a) V
Poached/Fried Eggs 3 (3) V
Scrambled Eggs 3 (3,7) V
Bacon 3
Black Pudding 3 (1a,1b,1c)
Sausages 4 (1a,10,12)

Sides

Hummus & Sourdough 4 V
(1a,1b,8a,11)
Side Salad 3 V
Toast with Butter 3 V (1a, 7)
Ancho & Chipotle Beans V 4 (10)
Seasonal Fruit 3 V
Fries & Mayo 4 V (3)